

Anti-Aging Now

Testosterone Injection Instructions

1. Wash hands thoroughly.
2. Remove flip top cap from testosterone vial.
3. Wipe the rubber stopper with an alcohol swab.
4. Place the 18-gauge needle onto the syringe.
5. Insert the needle/syringe into testosterone vial.
6. Draw out the correct amount of medication per prescription.
7. Tap syringe to remove any air bubbles.
8. Remove the 18-gauge needle from the syringe.
9. Place injection needle onto the syringe.
10. Choose the injection site (shoulder, thigh, glute).
11. Prepare skin by wiping with alcohol swab. Allow to dry.
12. Using thumb and forefinger pinch approximately 2 inches of cleaned skin.
13. Slowly push plunger down, fully injecting medication
14. Remove needle and apply pressure to site if needed.